

Józefów 2022-03-24

XXI TOURNAMENT OF KARATE KYOKUSHIN "PUCHAR BURMISTRZA JÓZEFOWA"

Józefów (Poland), Saturday 7th may, 2022

1. **Notice**
2. **General information (terms of participation, categories, application)**
3. **Kata – categories and rules**
4. **Kumite Semi Contact – Beginners Tournament for people born in 2004 (underage) and younger-categories**
5. **Kumite Semi Contact for advanced participants - from 8th kyu, up to 18 years old – categories**
6. **Kumite Full Contact – competitors over 18 years old – categories**
7. **Rules for Kumite**

// 1. Notice //

1. Separate categories for beginners and born in 2004 or younger.
2. Full contact categories will be carried on even if there are only two competitors in a category. In this case, the fights will be conducted according to the Super Fight system.
3. The tournament will be carried in all age categories, according to unabridged kyokushin regulations. For details see art. 7 RULES FOR KUMITE.
4. **A certificate of physical examination issued by a sports physician is UNQUESTIONABLY REQUIRED in all age categories for underage competitors, as well as a parent's consent and a declaration about having a valid a physical examination by a sports physician. Competitors from outside Poland sign a declaration and present a medical certificate according to regulations in force in their country.**
5. A headgear with a face cage is obligatory in age categories for underage competitors. **Each competitor must have their own helmet. The organizer does not provide helmets.**
6. A teeth protector is obligatory for people fighting in adult categories. If the competitor is fighting without the teeth protector, he is doing it on his own responsibility. **In the event of a foul hit to the head, which, in judges estimation, does not result in disqualification of a hitting fighter but it causes injuries and teeth damage, which according to a doctor make it impossible to continue the fight, the fighter who received a hit may lose the fight through incapacity.**
7. Application deadline is 4th may 2022 (Wednesday)
8. The competitor will be automatically assigned to the advanced fighter category, if he or she does not report the level of advancement in the application form
9. Competitors out of UE must have an insurance policy covering costs of possible emergency treatment on the premises of Poland including injuries in conjunction with starting on karate tournament.
10. The administrator reserves the right to change a division into age and weight categories, so it is essential to declare the exact weight (1 kg accuracy) of a competitor in the application form.
11. **THERE IS AN OUTRIGHT BAN ON ENTERING THE HALL IN HIGH HEELS and other shoes which may damage a floor in the hall. Without changing of shoes, an entry only to an audience will be admitted.**
12. Because of the international situation the tournament is CLOSED for competitors that are living and training in Russia and Belarus. This doesn't include competitors who are from Russia and Belarus but don't live there anymore

The administrators of the tournament ask to read carefully the announcement and wish you sports success and a pleasant stay in Józefów.

XXI TOURNAMENT OF KARATE KYOKUSHIN "PUCHAR BURMISTRZA JÓZEFOWA"

Józefów (Poland), Saturday October 3, 2020

// 2. General information //

1. Tournament organizer:

Klub Sportów Walki "BUSHI" ul. Warszawska 39, 05-400 Otwock
Integracyjne Centrum Sportu i Rekreacji w Józefowie, ul. Długa 44, 05-420 Józefów

2. Time and place:

Saturday, 7th May 2022

Integracyjne Centrum Sportu i Rekreacji w Józefowie

Józefów (placed between Warsaw and Otwock), ul. Długa 44 (sports hall next to the swimming pool).

3. Participation:

Teams from all clubs invited by the Administrator of the Tournament, that consist any number of competitors can participate in the tournament, regardless the organization they are in.

Competitors, who are allowed to take part in matches, are obliged to have:

- **Medical certificate permitting to practice karate, issued by a sports physician.**
- ID card with a photo and an exact date of birth.
- Clean, white karate-gi.
- Complete set of obligatory protectors required for a chosen category.
- Adult competitors – a statement of acceptance of the tournament regulations, confirmation of having medical certificate on the ability to practice karate issued with applicable regulations, and a statement concerning rights to personal image (according to an enclosed form).
- **Under age person – a written parent's or legal guardian's consent to take part in the tournament and , confirmation about having medical certificate on the ability to practice karate issued with applicable regulations (according to an enclosed form). A competitor without the consent is automatically excluded from a KUMITE SEMI-CONTACT competition.**
- Fighters from outside the European Union must to have an insurance policy covering the costs of possible treatment in Poland, including injuries from the start in the karate competition

Each team is obliged to name a referee. The referee should have a full referee's garment (a white shirt with short sleeves, a navy blue tie, grey or black trousers and a whistle). Since the tournament will be carried on three or four mats, additional referees are welcome.

4. Competition:

The tournament will be carried according to: World Kyokushin Budokai rules and art. 7 the Rules for Kumite, in following competitions:

- **kumite semi-contact, from 10,1 kyu or 10 kyu to 9,3 kyu or 9 kyu (Beginners Tournament) for categories: Youngsters, Cadets, younger Cadets, Children (beginners tournament) and to the 7th kyu grade for the juniors and younger juniors category (Tournament of Freshmen)**
- **kumite semi-contact, for competitors under 18 years old, from 8,1 kyu or 8 kyu for categories: Juniors, younger Juniors, Youngsters, Cadets, younger Cadets, Children.**
- **kumite full-contact, for competitors who in the day of the tournament are 18 years old, with a division to beginners and advanced fighters, with shin/foot protectors**
- **kata - without a division on age categories, but with a division to men and women**

5. Participation fee: Competitors pay 80PLN. The payment includes a sandwich and a drink for a competitor. The participation fee should be paid in cash on the day of the tournament or earlier, by a bank transfer on an account placed in a letterhead (please send proof of payment to the address kswbushi@onet.pl).

6. Rewards and team score:

For first places on the Beginners Tournament, winners will receive a cups, medals and diplomas. For the second and third places there will be medals and diplomas. In the other categories for places first to third, winners will receive cups and diplomas.

Team score: 1st place – 5 points, 2nd place – 3 points, 3rd place – 1 points. Team score will be counted based on results in all categories of the tournament.

XXI TOURNAMENT OF KARATE KYOKUSHIN "PUCHAR BURMISTRZA JÓZEFOWA"

Józefów (Poland), Saturday October 3, 2020

7. Application

Application forms should be sent UNTIL midnight in form which will be available at www.szkolawalki.pl from 4th may 2022 (Wednesday)

Before the tournament, there will be a verification of all documents (ID cards with a photo, a medical certificates, parent'/adult competitors' consents), competitors' weight and whether they have obligatory sets of guards/protectors.

IN ORDER TO AVOID MISTAKES, APPLICATION ONLY VIA FORM! (only until 4th may 2022) ON www.szkolawalki.pl

8. Schedule – 7th may 2022:

09.00 – 11.00 verification of kumite competitors (all age categories)
09.30 consultations of heads of teams, announcing referees
10.30 kata tournament
12.00 official opening
12.30 kumite tournament of all categories
around 18.00 official end of the tournament.

The length of the event depends on the number of competitors.

9. Food:

A sandwich and a drink are included in the participation fee. There will be also a bar with snack. Also a treat for referees and judges is anticipated.

10. Accommodation:

Administrator will not provide lodgings. Nearby, there are hotels of different standard

11. Insurance:

Competitors will not be insured by the Administrator. According to Polish law, the competitors' fighting clubs are obliged to provide insurance for them.

12. Change of shoes

There is an outright ban of entering the hall IN HIGH HEELS or other shoes which may damage a floor in the hall. Without changing shoes, an entry only to an audience will be admitted

13. Shop

There will be a shop, in which all obligatory guards and protectors will be available for purchase.

14. Competitors from Russia

Because of the international situation the tournament is CLOSED for competitors that are living and training in Russia. This doesn't include competitors who are from Russia but don't live there anymore

15. Final arrangements:

In all matters not mentioned in regulations above, the final decisions are made by the Administrator.

16. Additional information:

sensei Paweł Juszczyk phone number: +48 602 617 018, +48 22 245 36 23  
e-mail: pjuszczyk67@gmail.com

sensei Agnieszka Winek phone number: +48 604 144 542  

XXI TOURNAMENT OF KARATE KYOKUSHIN "PUCHAR BURMISTRZA JÓZEFOWA"

Józefów (Poland), Saturday October 3, 2020

// 3. Kata – categories and rules //

RULES OF KATA COMPETITION

Kata competition will be carried without a division on age categories, but with a division to men and women, in two rounds:

I round Gekisai Sho,
II round selected kata

We ask to register participants who have an experience in the competition and who present a decent level of training.

C A T E G O R Y	I R O U N D	I I R O U N D
Min 8 kyu, with a division to men and women, but without age division.	Gekisai Sho	Tsuki no Kata, Saifa, Garyu, Seienchin, Seipai, Kanku, Sushiho

// 4. Kumite Semi Contact – Beginners Tournament Borned in 2004 - 2008 - competitors from 7-10 kyu Borned in 2009 and younger - competitors from 9-10 kyu

KUMITE SEMI-CONTACT CATEGORIES

Competitors will be divided into groups according year of birth

Weight categories may be changed, so please declare an exact weight.

Men:

-juniors and younger juniors 2008-2004 (underage on they day of the tournament)- division onto weight categories after registration

- youngsters borned in 2007 - 2008	up to 35 kg, up to 40 kg, up to 45 kg, up to 55 kg, over 55 kg
- cadets borned in 2009 - 2010	up to 30 kg, up to 35 kg, up to 40 kg, up to 45 kg, over 45 kg
- younger cadets borned in 2011 - 2012	up to 25 kg, up to 30 kg, up to 35 kg, over 35 kg
- children (boys) borned in 2013 and younger	up to 25 kg, up to 30 kg, over 30 kg (category shared with orange belts)

Women:

-juniors and younger juniors 2008-2004 (underage on they day of the tournament)- division onto weight categories after registration

- youngsters borned in 2007 - 2008	up to 40 kg, up to 50 kg, over 50 kg
- cadets borned in 2009 - 2010	up to 35 kg, up to 45 kg, over 45 kg
- younger cadets borned in 2011 - 2012	up to 25 kg, up to 30 kg, over 30 kg
- children (girls) borned in 2013 and younger	up to 25 kg, up to 30 kg, over 30 kg (category shared with orange belts)

RULES OF KUMITE SEMI-CONTACT COMPETITION

The tournament will be played individually in a Cup's System. When there will be three competitors matches will be played in a system each fighter vs each fighter. A category may be combined with another if there will be fewer than three competitors. **Competitors from all age categories will be fighting according to semi-contact regulations stated in art. 7 RULES FOR KUMITE.**

In juniors and younger juniors categories may perform competitors with 10-7 kyo without TOURNAMENT EXPERIENCE!!! In application write the exact weight of a competitor.

XXI TOURNAMENT OF KARATE KYOKUSHIN "PUCHAR BURMISTRZA JÓZEFOWA"

Józefów (Poland), Saturday October 3, 2020

// 5. Kumite Semi Contact Advanced - from 8th kyu, competitors under 18 – categories //

KUMITE SEMI-CONTACT CATEGORIES

Competitors will be divided into groups according year of birth

Weight categories may be changed, so please declare an exact weight.

Men:

- juniors borned in 2005 – 2006 and people from the year 2004 who are under the age of 18
up to 60 kg; up to 65 kg; up to 70 kg; up to 75 kg; up to 85, over 85 kg
- younger juniors borned in 2007 - 2008 up to 45 kg, up to 50 kg, up to 55 kg, up to 60 kg, up to 65 kg, over 65 kg
- youngsters borned in 2009 - 2010 up to 35 kg, up to 40 kg, up to 45 kg, up to 55 kg, over 55 kg
- cadets borned in 2011 - 2012 up to 30 kg, up to 35 kg, up to 40 kg, up to 45 kg, over 45 kg
- younger cadets borned in 2013 - 2014 up to 25 kg, up to 30 kg, up to 35 kg, over 35 kg
- children (boys) borned in 2015 and younger up to 25 kg, up to 30 kg, over 30 kg (category shared with beginners tournament)

Women:

- juniors borned in 2003 – 2006 and people from the year 2004 who are under the age of 18
up to 55 kg, up to 65 kg, over 65 kg
- younger juniors borned in 2007- 2008 up to 50 kg, up to 60 kg, over 60 kg
- youngsters borned in 2009 - 2010 up to 40 kg, up to 50 kg, over 50 kg
- cadets borned in 2011 - 2012 up to 35 kg, up to 45 kg, over 45 kg
- younger cadets borned in 2013 - 2014 up to 25 kg, up to 30 kg, over 30 kg
- children (girls) borned in 2015 and younger up to 25 kg, up to 30 kg, over 30 kg (category shared with beginners tournament)

RULES OF KUMITE SEMI-CONTACT COMPETITION

The tournament will be played individually in a Cup's System. When there will be three competitors matches will be played in a system each fighter vs each fighter. A category may be combined with another if there will be fewer than three competitors. **Competitors from all age categories will be fighting according to semi-contact regulations stated in art.**

7 RULES FOR KUMITE.

// 6. Full Contact – categories//

KUMITE FULL-CONTACT CATEGORIES

- MALE SENIORS up to 70 kg, to 80 kg, to 90 kg, over 90 kg
- FEMALE SENIORS up to 60 kg, over 60 kg
- MALE SENIORS FIRST STEP* a division into a weight categories after application.
- FEMALE SENIORS FIRST STEP* a division into a weight categories after application.

* competitors up to 5 kyu, who were not awarded in national tournaments (such as Polish Championships, Cup of Poland, Makroregion Championships),

RULES OF SENIORS KUMITE COMPETITION

The tournament will be played individually in a Cup's System. When there will be three competitors matches will be played in a system each fighter vs each fighter. There will be a "Super Fight" (2 + 2 min) in categories where there are two competitors. Competitors will be fighting according to Full Contact regulations stated in the announcement, especially including a possibility of using all kicks to the head zone.

If the competitor is fighting without the teeth protector, he/she is doing it on his/her own responsibility. In the event of a foul hit in the head, which, in judges estimation, does not result in a disqualification of a hitting fighter but it causes injuries and teeth damage, which, according to a physician, make it impossible to continue the fight, the fighter who received a hit may lose the fight through the inability.

NOTICE: There can be a necessity to divide weight and age categories differently, after an analysis of entry forms, so please declare an exact weight of a competitors in all age categories!!!

XXI TOURNAMENT OF KARATE KYOKUSHIN “PUCHAR BURMISTRZA JÓZEFOWA”

Józefów (Poland), Saturday October 3, 2020

// 7. Rules for Kumite //

Rules for KUMITE SEMI CONTACT and KUMITE FULL CONTACT

SEMI KONTAKT

The ORANGE BELTS TOURNAMENT (10 and 9 kyu) will be played with the following division to age categories: Youngsters, Cadets, Younger Cadets, Children*.

The TOURNAMENT FOR ADVANCED FIGHTERS (8kyu and higher) will be played with the following division to age categories: Juniors, Younger Juniors, Youngsters, Cadets, Younger Cadets, Children*

*In the Children category, if a blue belt fighter will be signed they will be attached to the orange belt category

Match duration:

CHILDREN, YOUNGER CADETS, CADETS:

1,5 minutes round -> 1,5 minute first playoff -> weight (more than 3 kg difference is decisive) -> 1,5 minute second playoff, after which a verdict must be reached.

YOUNGSTERS, YOUNGER JUNIORS, JUNIORS: 2 minutes round -> 2 minute first playoff -> weight (more than 3 kg difference is decisive) -> 2 minute second playoff, after which a verdict must be reached.

Protectors:

THE BEGINNERS TOURNAMENT

Category	Obligatory personal protectors	Advisable protectors, not obligatory
Youngsters Cadets Younger cadets Children	- white shin&instep protectors - hand protectors - men - groin protector - chest protector (hogo) - headgear with face cage	- women – groin guard - soft knee guards

THE TOURNAMENT FOR ADVANCED FIGHTERS

Category	Obligatory personal protectors	Advisable protectors, not obligatory
Juniors Younger Juniors Youngsters	- white shin&instep protectors - hand protectors - soft knee guards - men - groin protector - women –breast protector, separate plates (foamed plastic) and stretchy top - headgear with face cage	- women – groin guard
Cadets Younger Children	- white shin&instep protectors - hand protectors - men - groin protector - chest protector (hogo) - headgear with face cage	- women – groin guard - soft knee guards

FULL KONTAKT

Each competitor must be 18 on the day of the tournament..

Male Seniors

Female Seniors

Male Seniors First Step*

Female Seniors First Step*

* competitors up to 5 kyu, who were not awarded in national tournaments (such as country Championships, Cup of country, Makroregion Championships),

Match duration:

For three and more competitors:

3 minutes round -> 2 minute first playoff -> weight (more than 3 kg difference is decisive) -> 2 minutes second playoff, after which a verdict must be reached.

For two competitors: Super Fight

2 min **I basic round** (in case of an IPPONs or two WAZARIs the fight finishes before the time and there is no second round) -> verdict -> 2 min **II basic round** -> verdict -> SCORE RESULT (a number of wins in two rounds decides, and then weight - more than 3 kg difference is decisive) -> playoff 2 min after which a verdict must be reached. A break between first and second round is 30 seconds.

Protectors:

Competitors should wear protectors as follows:

XXI TOURNAMENT OF KARATE KYOKUSHIN "PUCHAR BURMISTRZA JÓZEFOWA"

Józefów (Poland), Saturday October 3, 2020

Category	Obligatory personal protectors	Obligatory protectors provided by Administrator	Advisable protectors, not obligatory
Male Seniors Female Seniors	- white shin&instep protectors - mouth guard - men - groin protector - women –breast protector, separate plates and stretchy top		- women - groin protector - soft knee guards
Male Seniors First Step Female Seniors First Step	- white shin&instep protectors - mouth guard - men - groin protector - women –breast protector, separate plates and stretchy top - headgear without face protection		- women - groin protector - soft knee guards

ALLOWED AND UNALLOWED TECHNIQUES IN FULL- AND SEMI-CONTACT COMPETITION

Allowed techniques:

- Hand techniques (seiken, hiji, tetsui) performed on chudan and gedan zones,
- All foot techniques performed on all allowed to attack body zones (including low kick, circular foot technics, a roundhouse kick ushiro-mawashi or jump kick tobi-geri and so-called "transfer technique" and foot techniques hiza-geri, mae-geri, yoko-geri and ushiro-geri to all body zones

Unallowed techniques:

- hand techniques (regardless the hit surface) on a jodan zone,
- techniques performed on a crotch, a knee or a spine
- head hits
- catching, pushing, throwing etc.

Additional information:

- a competitor who has scored a full point (Ippon) during the fight or has won half a point (waza-ari) two times, wins the fight before the end of regular time
- a competitor wins a waza-ari for performing a technique that had a visible impression on an opponent and caused his temporary inability to fight, for no longer than 3 seconds,
- a competitor wins an ippon for performing an allowed technique that had a visible impact on the opponent and caused his inability to fight for longer than 3 seconds.
- in an absence of wazari or ippon points or in case of a tie, the winner of a match is chosen by judges, on the basis of the overall fight image.
- in exceptional cases, the head referee of the competition may order additional play-off or a re-vote of a panel of judges.
- a competitor who is not ready to fight (is not wearing a complete set of personal protectors) within 1 minute from reading his name by the announcer may be disqualified by the mat referee's decision.
- impolite and offensive behavior of the contestant (and also of people who are accompanying him/her and of coaches) towards any person present in the sports hall during the competition may result in awarding the player with so-called penalty points or in full disqualification - total removal from the list of the tournament participants.