

Mazowiecko-Podlaski Klub Karate  
has the honour to invite your representation to take part:

# INTERNATIONAL CHAMPIONSHIPS KYOKUSHIN BUDOKAI KNOCKDOWN AND FULL CONTACT

**Organizer:**

Mazowiecko-Podlaski Klub Karate

Shihan Artur Więżowski



Zambrów  
12th, December 2015

# REGULATIONS

## INTERNATIONAL CHAMPIONSHIPS KYOKUSHIN BUDOKAI KNOCKDOWN AND FULL CONTACT

### 1. ORGANIZER

#### **Polska Federacja Instytut Budokai Karate**

Mazowiecko-Podlaski Klub Karate  
UL Parkowa 8 Ciechanowiec

### 2. DATA

12.12.2015 (Saturday)- ZAMBRÓW (POLAND)  
Sports Hall - Wyszyńskiego 6 Street

### 3. CONDITIONS OF PARTICIPATION

- The competition is open to members of Kyokushin Karate Budokai and other organizations invited by the Board of the Polish Federation Budokai Karate Institute.
- To take off may be admitted players from 10 to 18. And adults 18 years of age  
Up to 10 years Mini Mma formula  
In the junior category (10-11) (12-13) (14-15) (16-18)  
In the senior category (18 years)  
And in the category of children from 8-9 years

which comprises:

- athlete's current health card
- minium 9kyu
- Budo pass or organizational identity cards
- protectors required by each category
- pure white karategi
- completed registration card
- a statement of minors

### 4. JUDGES

The team manager is obliged to judge the competition,  
Judges Kyokushin IBK dress code: dark / black / trousers, white shirt, tie judge, whistle;  
Judges from the invited organizations exist in statutory costumes of their federation.

### 5. WEIGHT CATEGORIES

Category Children under the age of 10 mini MMA  
10-11 years, 12-13 years, 14-15 years of age (please enter the weight in the application, which will be on the verification of weighing and could be adjusted for weight for age category juniors)  
boys - up to 40 kg, 50 kg, 60 kg, above 60

girls - up to 35 kg, 45 kg, above 45 kg

seniors

Men – to 70 kg, to 80 kg, above 80 kg.

Women - to 55 kg, to 60 kg, above 60 kg

Full Contact – to 70 kg, to 80kg, above 80kg

In the case of a smaller number of participants Organizer assumes the amendments to the Regulations weight category

K1 juniors and seniors depending on the number of applications (helmets compulsory)

We allow fighting in MMA for a larger number of competitors (Seniors)

We can change the category or increase suited to applications !!!

## **6. APPLICATIONS**

Application send to: [mpkok@wp.pl](mailto:mpkok@wp.pl) to 29.11.2015

## **7.COMPETITION PROGRAMME**

11/12/2015 - FRIDAY

18.00 - 21.00 - Medical supervision

21.15 - Placement draw warring couples

12/12/2015 - SATURDAY (Junior) (Seniors)

09.15 -10.00 – Judges meeting

10.00- 15.00 - tatami or elimination fight in the ring

15.30- 16.00 - break

16.15- 19.00 - Final sparring (no fighting for third place)  
Ceremony cups

## **8. AWARDS**

For winning first and second place - cup and diploma; 2 III trophy and diploma

## 9. FINAL PROVISION

- Championships are being played in the competition Semi-knockdown according to provisions and Sports Regulations from Kyokushin IBK w Polsce (full set of pads, without kicking mae-geri i hiza –geri-jodan, without the grip at kicking hiza-geri !) **not applicable seniors**
- Organizer **isn't securing helmets or standard pads**, which constitute individual equipping competitors
- Organizer asks for ruthless warning the date of the booking, of applications and other arrangements of these regulations. Not a compliance to arrangements being in force will cause not-committing the team for professions.
- In not settled hereby matters with regulations an organiser and main judge are deciding,
- The organiser is reserving the law of amendments to regulations for himself.

**IN THE NAME OF ORGANIZER POLISH  
CHAMPIONSHIPS KYOKUSHIN IBK**

**I WISH EVERYONE GOOD MEMORIES OF SPORTS IMPRESSIONS, SUCCESSES AND  
THE NICE STAY IN ZAMBROW**

**Kind regards, OSU!**

**Shihan Artur Więzowski**